

Benefit Resources

■ uhaulhr.com > HR Service Center

- Complete full-time benefits enrollment online
- Review personal information and update your home address and phone number
- Check your eligibility and benefits
- Convenient quick links to search for medical, dental and vision providers
- Print various benefit forms
- Convenient quick links to Blue Cross Blue Shield AZ, Caremark, Delta Dental, EyeMed Vision, HealthEquity, and Aetna.
- Benefit Educational Resources:
 - Tutorials
 - Videos
 - Message Board
 - FAQ's
 - Benefits Guide
- Print temporary ID cards

■ U-Haul Human Resources – Benefit Counselors benefits@uhaul.com Arizona: 1-602-760-4938 Toll Free: 1-866-323-8807

- Benefit Eligibility
- Benefit Enrollment
- Family Status Changes that may allow you to change benefit coverage (marriage, birth, adoption, spouse's employment changes, divorce, death)
- AMERCO® Wellness Program
- Life and Business Travel Insurance Benefits
- Working-Spouse Program
- Alternative Coverage Program
- Health Savings Account (HSA) and Flexible Spending Account (FSA) pretax contributions.
- Order replacement ID cards

■ Blue Cross Blue Shield Arizona: 1-602-544-4934 Toll Free: 1-866-595-6001 BlueNet Online Services: azblue.com

- Look up benefit information
- Check the status of a claim
- Track your deductible
- Find a provider or facility
- Locate an Urgent Care Center
- Receive your Explanations of Benefits electronically
- HealthyBlue Online health and wellness services (azblue.com/HealthyBlue)
- Call **1-866-422-2729**, option 2 to speak with a nurse (24 hours a day, 7 days a week)
- Call **1-877-694-2583** for information on Disease Management Programs

■ HealthEquity Toll Free: 1-866-346-5800 MyHealthEquity.com

- Check your HSA and FSA balances
- Speak with a HealthEquity Consultant (24 hours a day, 7 days a week)
- Order a VISA debit card
- Make payments from your HSA directly to the provider
- FSA claim reimbursement form
- Invest your HSA savings

■ Caremark.com

- Refill and check status of mail order prescriptions
- View your prescription history
- Find a local pharmacy
- Print a Preferred Drug List (PDL)
- Print mail order and reimbursement claim forms
- Save money by comparing costs for different drugs
- Check to see if a generic drug is available
- Call **1-800-966-5772** to refill a prescription or speak with a Caremark Customer Service Representative
- Call **1-888-413-2723** to obtain Prior Authorization for certain drugs
- Call **1-800-237-2767** to

• speak with a Caremark Connect Representative about Specialty medications

- Call Caremark Fast Start at **1-866-273-5268** to start using mail-order services.

■ EyeMed Toll Free: 1-866-723-0514 eyemedvisioncare.com

- Verify eligibility status
- Locate a vision provider
- Check your claims
- Call **1-877-552-7376** for Laser Vision services
- Request additional ID cards
- Out-of-network claim forms

■ Aetna Disability and Leave Management Services 1-877-832-8241

- AMERCO® Disability Insurance Claims
www.wkabsystem.com
- Illness/Injury/Maternity Leave Certification
- Aetna Employee Assistance Program (EAP)
1-877-327-5832
www.aetnaeap.com
(company ID:EAP4LIFE)

■ Delta Dental Arizona: 1-602-938-3131 Toll Free: 1-800-352-6132 (English or Spanish)

Hearing Impaired –
602-588-3903

Español: 602-588-3920
deltadentalaz.com

- Verify benefits and eligibility
- Find a provider
- Check your claims
- Download forms